

# CONNECTING COLORADANS TO FOOD & NUTRITION RESOURCES

**HUNGER FREE**  
**HOTLINE**  
STATEWIDE, TOLL-FREE  
**855-855-4626**

*All calls kept confidential.*

## IN JUST ONE CALL, FIND OUT:

- How to get money for groceries
- Where food pantries and free meal sites are located
- What other food and nutrition resources are available for people of all ages and backgrounds

## THE ONE-STOP RESOURCE FOR FOOD AND NUTRITION IN COLORADO.

- SNAP/food stamp applications
- Food banks and pantries
- WIC (Women, Infants, and Children)
- Food sites for kids & teens
- In-home SNAP application assistance for seniors and disabled
- Meals on Wheels for seniors
- Fresh produce locations
- Holiday meal baskets
- Nutrition education classes

**HUNGER**  
**FREE COLORADO**

[HungerFreeColorado.org](http://HungerFreeColorado.org)  [/HungerFreeColorado](https://www.facebook.com/HungerFreeColorado)  [@HungerFreeCO](https://twitter.com/HungerFreeCO)

Hunger Free Colorado is the state's leading anti-hunger organization leveraging the power of collaboration, system change, policy change and social change to end hunger in Colorado.

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# CONECTANDO A LOS HABITANTES DE COLORADO CON RECURSOS DE COMIDA Y NUTRICIÓN

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**855-855-4626**

*Todas las llamadas son confidenciales.*

## CON UNA SOLA LLAMADA USTED SE INFORMARÁ SOBRE:

- Cómo obtener dinero para comprar comida
- Dónde están los bancos de comida y los sitios de comidas gratis
- Qué otros recursos de comidas y nutrición están disponibles para gente de toda edad y origen

## UNA SOLA LLAMADA PARA ACCEDER A LOS RECURSOS DE COMIDA Y NUTRICIÓN EN COLORADO.

- Solicitud de SNAP/cupones de comida
- Bancos de comida
- WIC (Mujeres, bebés y niños)
- Sitios de comidas gratis en el verano para niños y adolescentes
- Ayuda con la solicitud de SNAP para gente de la tercera edad o incapacitados
- Programa "Meals on Wheels" para gente de la tercera edad
- Sitios de frutas y verduras frescas
- Canastas de comida para el día de acción de gracias y la navidad
- Clases y educación sobre nutrición

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**FREE COLORADO**

[HungerFreeColorado.org](http://HungerFreeColorado.org)  [/ColoradoSinHambre](https://www.facebook.com/ColoradoSinHambre)  [@COSinHambre](https://twitter.com/COSinHambre)

Hunger Free Colorado es la organización líder en el estado en encauzar el poder de la colaboración, el cambio de sistemas, los cambios de políticas públicas y el cambio social para terminar con el hambre en Colorado.

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